

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Beel Steven

Coaches: Destoop Jens

Coaches: Nellen Maik HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:6, starttime: 09:21	
Heat: 6/9 Lane : 5 Athlete: DEPAEPE LANA							Q-time: 03:12:16	
PB (25m pool): 03:12.16 LAGO Zwevegem 25/05/2026							PB (50m pool): 03:18.68 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.09		01:32.68		02:22.77		03:12.16
	00:44.09		00:48.59		00:50.09		00:49.39	
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:1, starttime: 09:35	
Heat: 1/9 Lane : 4 Athlete: TACK THORBEN							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:10, starttime: 10:46	
Heat: 10/11 Lane : 0 Athlete: DERAEDT TILLE							Q-time: 02:36:58	
PB (25m pool): 02:36.58 Diksmuide 09/03/2025							PB (50m pool): 02:40.65 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:36.58
	no time							
								

Coach feedback:

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Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:10, starttime: 10:46	
Heat: 10/11 Lane : 8 Athlete: VAN HOUCKE IMKE							Q-time: 02:36:03	
PB (25m pool): 02:36.03 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:38.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.90		01:16.02		01:56.39		02:36.03
	00:36.90		00:39.12		00:40.37		00:39.64	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:1, starttime: 10:53	
Heat: 1/8 Lane : 1 Athlete: DE MEESTER LIAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:1, starttime: 10:53	
Heat: 1/8 Lane : 7 Athlete: TACK THORBEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:7, starttime: 11:58	
Heat: 7/19 Lane : 1 Athlete: DEPAEPE LANA							Q-time: 02:40:92	
PB (25m pool): 02:40.92 Diksmuide 12/10/2025				PB (50m pool): 02:47.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.19		01:18.50		02:00.64		02:40.92
	00:36.19		00:42.31		00:42.14		00:40.28	
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:14, starttime: 12:19	
Heat: 14/19 Lane : 6 Athlete: DERAEDT TILLE							Q-time: 02:22:49	
PB (25m pool): 02:22.49 DIKSMUIDE 30/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.35		01:10.52		01:48.11		02:22.49
	00:33.35		00:37.17		00:37.59		00:34.38	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:1, starttime: 12:35	
Heat: 1/16 Lane : 7 Athlete: DE MEESTER LIAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:4, starttime: 12:46	
Heat: 4/16 Lane : 0 Athlete: BHIJA NASSIM							Q-time: 02:46:24	
PB (25m pool): 02:46.24 DIKSMUIDE 30/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.30		01:21.16		02:04.73		02:46.24
	00:38.30		00:42.86		00:43.57		00:41.51	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:8, starttime: 12:58	
Heat: 8/16 Lane : 6 Athlete: BEEL NOAH							Q-time: 02:22:90	
PB (25m pool): 02:13.23 Brugge 04/10/2026				PB (50m pool): 02:21.20SB: 02:13.23 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.77		01:05.12		01:39.86		02:13.23
	00:30.77		00:34.35		00:34.74		00:33.37	
								

Coach feedback: